

Endoscopic Ultrasound Prep:

TRANSPORTATION REQUIRED

FIVE DAYS BEFORE EXAM:

1. Discontinue any Vitamin E, herbal medications, Fiber or Iron Supplements.

ONE DAY BEFORE EXAM:

1. Discontinue Alcohol

PREP FOR MORNING EXAMS:

If your procedure is scheduled in the morning, you are not to eat, drink or chew anything after midnight until your procedure is completed.

PREP FOR AFTERNOON EXAMS:

Appear for your examination at the time scheduled below.

Only if scheduled after 1:00 P.M., you may have 8oz of clear liquids NO LATER THAN 7:30 A.M.

Clear liquids are; Water, Clear fruit juices, Clear sodas, Bouillon or Chicken broth, Plain Jell-O, Popsicles. You may have plain black coffee, tea. NO SOLID FOODS. NO MILK OR MILK PRODUCTS ALLOWED. NO RED, PURPLE OR GREEN COLORS/DYES.

DAY OF EXAM:

1. *******TRANSPORTATION REQUIRED*******
2. If you are a smoker, for anesthesia requirements do not smoke the day of the procedure.
3. If you take any Blood Pressure or Heart Medications, please take your normal dosage in the early A.M.- 1st thing upon waking up- with a sip of water.
4. Diabetics – Do not take your insulin or diabetic pills the day of the procedure.

YOUR PROCEDURE IS SCHEDULED ON:

DATE: _____ **TIME:** _____ **BE HERE AT:** _____

PLACE: _____

YOUR POST PROCEDURE OFFICE VISIT IS SCHEDULED ON:

DATE: _____ **TIME:** _____ **WITH:** _____

Ft. Myers 4790 Barkley Cir Bldg. A Cape Coral 1303 SE 8th Terr. Bonita 3501 Health Center Blvd. Ste 2145

If you have any questions regarding the procedure, call our office (239) 275-8882
or Visit our website www.giaswfl.com

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ENDOSCOPIC ULTRASOUND (EUS)

SOME THINGS YOU SHOULD KNOW...

WHAT IS AN ENDOSCOPIC ULTRASOUND?

Endoscopic Ultrasound (EUS) combines endoscopy and ultrasound in order to obtain images and information about the digestive tract and the surrounding tissue and organs. Endoscopy refers to the procedure of inserting a long flexible tube via the mouth or the rectum to visualize the digestive tract, whereas ultrasound uses high-frequency sound waves to produce images of the organs and structures inside the body such as liver, gallbladder, pancreas, etc.

WHAT HAPPENS DURING THE PROCEDURE?

An intravenous (IV) will be started in your arm. Anesthesia will sedate you prior to the procedure. The doctor will insert the endoscope through your mouth into the stomach and then to the top part of the small intestine called the duodenum. If there are any areas that are abnormal, small pieces of tissue may be taken for examination (biopsies). This is a type of biopsy called fine-needle aspiration. Cells obtained from the biopsy can then be analyzed to see if they are cancerous and can help in deciding the best course of treatment.

In general, your stay at the facility will be approximately two hours. When medication is given the procedure is usually not unpleasant and often the patient does not remember having the procedure done.

AFTER THE PROCEDURE:

You will be observed for about thirty minutes before going home. You will not be allowed to drive. You may be drowsy for several hours afterward.

Following the Endoscopic Ultrasound the doctor will talk with you and your family and give them a complete report of the findings. A follow-up visit should have been pre-scheduled so the final test results can be explained to you when you are fully awake at a later date. This follow-up visit is separate from the procedure and if your insurance requires a co-pay it will be due on the day of the follow-up visit.

RISKS:

The examination is very safe and the risk of complications is extremely low. The major risks of the procedure are: reaction to medications, which might take the form of either an allergic reaction or difficulty breathing: bleeding, which might occur after a biopsy is taken: or perforation, creating a tear in the gut: infection of a pancreatic cyst, or pancreatitis. Serious complications are quite rare. A mild sore throat may occur. Medications given through the IV may cause irritation of the vein.