

ERCP- PREPARATION -Hospital Only: * TRANSPORTATION REQUIRED*

FIVE DAYS BEFORE EXAM:

1. Discontinue any Vitamin E, herbal medications, Fish Oil, Fiber or Iron Supplements.

ONE DAY BEFORE EXAM:

1. Discontinue Alcohol

PREP FOR MORNING EXAMS:

If your procedure is scheduled in the morning, you are not to eat, drink or chew anything after midnight until your procedure is completed.

PREP FOR AFTERNOON EXAMS:

Appear for your examination at the time scheduled below.

Only if scheduled after 1:00 P.M., you may have 8oz of clear liquids NO LATER THAN 7:30 A.M.

Clear liquids allowed; Water, Clear fruit juices, Clear sodas, Bouillon or Chicken broth, Plain jello, Popsicles. You may have plain black coffee, tea. NO SOLID FOODS. NO MILK OR MILK PRODUCTS ALLOWED. ONLY ORANGE OR YELLOW COLORS/DYES ALLOWED- OTHERWISE, NOTHING TO EAT, DRINK, OR CHEW AFTER MIDNIGHT.

DAY OF EXAM:

1. *****TRANSPORTATION REQUIRED*****
2. If you are a smoker, for anesthesia requirements do not smoke the day of the procedure.
3. If you take any Blood Pressure or Heart Medications, please take your normal dosage in the early A.M.- 1st thing upon waking up- with a sip of water.
4. Diabetics – Do not take your insulin or diabetic pills the day of the procedure.

YOUR PROCEDURE IS SCHEDULED ON:

DATE: _____ TIME: _____ BE HERE AT: _____

PLACE: _____

YOUR POST PROCEDURE OFFICE VISIT IS SCHEDULED ON:

DATE: _____ TIME: _____ WITH: _____

Ft. Myers 4790 Barkley Cir Bldg. A Cape Coral 1303 SE 8th Terr. Bonita 3501 Health Center Blvd. Ste 2145

If you have any questions regarding the procedure, call our office (239) 275-8882
or Visit our website www.giaswfl.com

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ERCP

SOME THINGS YOU SHOULD KNOW...

WHAT IS AN ERCP?

An ERCP is a very specialized type of endoscopic examination. ERCP is an abbreviation for Endoscopic Retrograde Cholangiopancreatography. The purpose of this examination is to inject dye into the pancreatic duct and the bile duct using an endoscope and then take radiology pictures to diagnose suspected problems in these organs.

WHAT HAPPENS DURING THE PROCEDURE?

An intravenous (IV) will be started in your arm. Enough medication will be given to make you drowsy and relaxed.

The doctor will insert a long flexible scope through the mouth, down the esophagus and stomach and into the duodenum. The scope is used to locate the papilla (the opening of the pancreas and bile duct) and a small plastic tube is inserted into the papilla. Dye is injected through this tube into the pancreatic duct and the bile duct and then x-ray pictures are taken.

In general, your stay at the facility will be approximately three hours. When medication is given the procedure is usually not unpleasant and often the patient does not remember having the procedure done.

AFTER THE PROCEDURE:

You will be observed for about thirty minutes to one hour before going home. You will not be allowed to drive. You may be drowsy for several hours afterward. Discharge instructions will be given after the procedure.

Following the ERCP the doctor will talk with you and your family and give them a complete report of the test findings. A follow-up visit should have been pre-scheduled so the test results can be explained to you when you are fully awake at a later date. This follow-up visit is separate from the procedure and if your insurance requires a co-pay it will be due on the day of the follow-up visit.

RISKS:

The examination is very safe and the risk of complications is extremely low. The major risks of the procedure are: reaction to medications, which might take the form of either an allergic reaction or difficulty breathing; bleeding, which might occur after a biopsy is taken; or perforation, creating a tear in the gut. Serious complications are quite rare. A mild sore throat may occur. Medications given through the IV may cause irritation of the vein.