

Dear Patient:

**Transportation is required for all sedated procedures.**

Keep your follow-up appointment with the physician and/or Advanced Registered Nurse Practitioner. Pathology results (if applicable) will be given to you at this time. Nursing staff will generally not have these results available prior to your scheduled follow-up appointment.

**Please call (239) 275-8452, ext. 133, if any of the following items apply to you prior to your procedure. The nursing staff will provide you with additional instructions:**

1. If you have the flu or cold/fever.
2. Allergy to latex or rubber if diagnosed by an Allergist.
3. Recent or current use of recreational drugs within three days of procedure.
4. Bleeding Problems
5. Pregnancy.

**SPECIAL INSTRUCTIONS:**

1. If you receive sedation for your procedure, you will not be able to drive home, cook, drink alcohol, or make any important business decisions for 24 hours. If you live alone, please prepare a light meal that requires no cooking.
2. If you live alone, please let someone know that you have had a procedure and to call and check on you later in the day.
3. Following the procedure, the physician will discuss his findings with you (and, if you prefer, your family member). Otherwise final results will be given to you at your post procedure follow up visit.

**DO'S:**

- ☺ Wear clothing that is loose and comfortable, Easy on and off, Wear comfortable shoes. (No sandals, high heels or flip-flops)
- ☺ Do arrange for someone to transport you both to and from the facility.
- ☺ Do bring your inhaler(s) with you to the facility.
- ☺ Do wear your dentures (do not glue in), eyeglasses/contacts and hearing aids. If you wear contacts, please bring your storage case and solution with you to the facility.
- ☺ Do brush your teeth, but do not swallow water.
- ☺ Do bring your pacemaker or defibrillator implant card with you.

**DON'TS:**

- ☹ Do not eat or drink anything after midnight the night before the procedure, unless otherwise instructed. This includes no water, ice, gum, and candy.
- ☹ Do not wear earrings.

**THINGS TO BRING WITH YOU**

1. Allergy List
2. Medical history, medication list, and dosages
3. Someone who can assist you if you cannot write.
4. Eyeglasses and/or contact lenses
5. A translator if you do not speak/write English.

**THINGS TO LEAVE AT HOME**

1. Jewelry
2. Valuables
3. Medications/pill bottles

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